Immediately following a Thermage procedure your skin should feel tighter, smoother and more youthful. Over time you may notice additional tightening.

**POSSIBLE SIDE-EFFECTS**

- Swelling
- Redness
- Blanching
- Lumps/bumps/nodules
- Ridging/rippling/waffling
- Burns/blisters/scabbing /scarring
- Hyper or hypo pigmentation changes
- Bruising
- Numbness/tingling/temporary paralysis
- Mild/moderate discomfort (during treatment)
- Itching
- Skin surface depression - a rare (<0.2%) but longer lasting side effect
- If any of these symptoms persist after your Thermage treatment please contact the clinic immediately

**HOW LONG AFTER THE THERMAGE TREATMENT CAN I RETURN TO MY NORMAL ACTIVITIES?**

Most people can return to their regular activities immediately following the Thermage procedure. Some people, however, experience a mild redness after the Thermage treatment, but it usually disappears quickly.

You should avoid exposing your skin to extremes of heat and cold and protect your skin with a sun block cream after the Thermage procedure. Your normal makeup and beauty regime can be followed immediately.

Do NOT have any other form of facial treatment or therapy after the Thermage treatment until authorised to do so by your practitioner.

**HOW LONG WILL THE EFFECTS OF THE THERMAGE PROCEDURE LAST?**

The Thermage procedure causes immediate tightening of the collagen structure with additional tightening over time. Thermage treatments depend on the patient’s natural ageing process.
WHEN WILL I SEE RESULTS FROM THE THERMAGE PROCEDURE?

Tightening improvements appear gradually over 2 to 6 months after a single Thermage treatment session, but many patients have reported seeing an earlier response. Because all individuals are different it is, however, not possible to completely predict who will benefit from treatment with the Thermage device. A small percentage of patients do not respond to the Thermage Treatment. Your practitioner will advise you if additional treatments or smaller touch-up procedures are required to achieve the desired end result.