



Dr. Tienie van Rooyen

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RHINOPLASTY (NOSE JOB)

WHAT IS RHINOPLASTY SURGERY?

Rhinoplasty is a surgery where the nose is corrected or reshaped. The nose can be made bigger or smaller; the tip can be altered; we can remove bumps or dentations and change the angle of the nose in relation to the upper lip.

WHO ARE CANDIDATES FOR RHINOPLASTY?

- Healthy people with no major life threatening diseases.
- Non-smokers
- Someone who wishes to improve or change the certain attributes of their nose.
- Able to communicate their feelings and do not voice objections when surgery is discussed

GENERAL INFORMATION

The splint and bandaging around your nose will be removed in about a week.

Your face will feel puffy and the area around your eyes and nose will be bruised and swollen for several days. Cold compresses can help minimize the swelling and reduce pain. Dr van Rooyen may also recommend pain medicine. It takes about 10 to 14 days before most of the swelling and bruising improves.

You may need to keep your head elevated and relatively still for the first few days after surgery. It may be several weeks before you can return to strenuous activities.

Please take note of the following:

- Your surgery will take place at the Cure Day Clinic Erasmuskloof.
- The bandages will be removed after 1 week. Please contact the practice to schedule this appointment.
- The practice of medicine and surgery is not an exact science. Although good results are expected, there is no guarantee of complete satisfaction with the results. In some situations, it may not be possible to achieve optimal results with a single surgical procedure and another surgery may be necessary.

RHINOPLASTY RESULTS

Rhinoplasty surgery offers almost immediate results visible when the dressings that support the new shape of the nose during initial phases of healing are removed. Keep in mind that you might still be bruised and swollen. Dr van Rooyen will hide the surgical scars in the creases of the nose.

The results of more extensive nose surgery and reconstruction may appear in stages over time.



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RISKS AND SAFETY

The decision to have plastic surgery is extremely personal and you will have to weigh the potential benefits in achieving your goals with the risks and potential complications of ear surgery. Only you can make that decision for yourself.

You will be asked to sign consent forms to ensure that you fully understand the procedure you will undergo, the alternatives and the most likely risks and potential complications.

Possible surgery risks include:

- Bleeding (hematoma)
- Blood clots
- Asymmetry
- Infection
- Poor wound healing
- Change in skin sensation
- Skin contour irregularities
- Skin discoloration/swelling
- Anesthesia risks
- Unfavorable scarring
- Allergies to tape, suture materials, glues, blood products, topical preparations or injected agents
- Pain, which may persist
- Possibility of revisional surgery

These risks and others will be fully discussed prior to your consent. It is important that you address all your questions directly with your with Dr van Rooyen.

Following his instructions is key to the success of your surgery. It is important that the surgical incisions are not subjected to excessive force, sunlight or tanning bed light, abrasion or motion during the time of healing. Dr van Rooyen will give you specific instructions on how to care for yourself.

It's very important to follow his instructions and attend follow-up visits as scheduled.